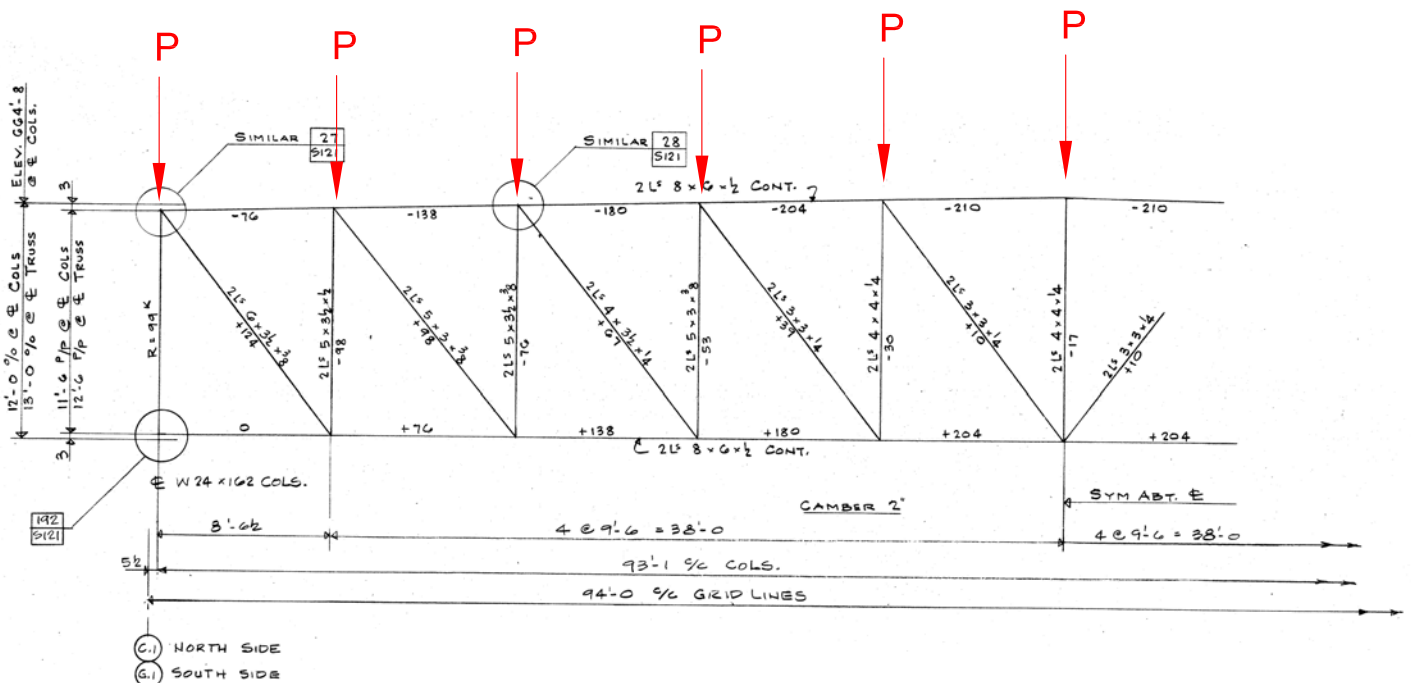


OR



The goal is to find the capacity in PLF
(using just the compression and tension forces)